

The memory information may relieve some anxiety.

Earth's Population Statistics in Perspective The population of Earth is around 7.8 Billion. For most people, it is a significant figure. However, if you condensed 7.8 billion into 100 persons, and then into various percentage statistics, the resulting analysis is relatively much easier to comprehend.

Out of 100:

- * 11 are in Europe
- * 5 are in North America
- * 9 are in South America
- * 15 are in Africa
- * 60 are in Asia

49 live in the countryside

51 live in a city,

75 have mobile phones

25 do not.

30 have internet access

70 do not have the availability to go online

83 can read

17 are illiterate.

33 are Christians

22 are Muslims

14 are Hindus

7 are Buddhists

12 are other religions

12 have no religious beliefs.

26 live less than 14 years

66 died between 15 - 64 years of age

8 are over 65 years old.

If you have your own home, Eat full meals & drink clean water, Have a mobile phone, Can surf the internet, and have gone to college, You are in the minuscule privileged lot (in the less than 7% category)

Amongst 100 persons in the world, only eight live or exceed the age of 65!

If you are over 65 years old, be content & grateful Cherish life. Grasp the moment.

If you did not leave this world before the age of 64, like the 92 persons who have gone before you, you are already the blessed amongst humankind.

Take good care of your health. Cherish every remaining moment.

If you think you are suffering memory loss, read on.

Anosognosia, very interesting:

In the following analysis, the French Professor Bruno Dubois, Director of the Institute of Memory and Alzheimer's Disease (IMMA) at La Pitié-Salpêtrière - Paris Hospital addresses the subject in a rather reassuring way:

"If anyone is aware of their memory problems, they do not have Alzheimer's."

1. forget the names of families.

2. do not remember where I put some things .

It often happens in people 60 years and older that they complain that they lack memory.

"The information is always in the brain, it is the "processor" that is lacking."

This is "Anosognosia" or temporary forgetfulness.

Half of people 60 and older have some symptoms that are due to age rather than disease. The most common cases are:

- forgetting the name of a person,

- going to a room in the house and not remembering why we were going there,

- a blank memory for a movie title or actor, an actress,

- a waste of time searching where we left our glasses or keys.

After 60 years most people have such a difficulty, which indicates that it is not a disease but rather a characteristic due to the passage of years .

Many people are concerned about these oversights hence the importance of the following statements:

