

Ellen Taussig on why you should consider attending the Healthy Aging Zoom:

“The monthly Healthy Aging Zoom events, organized by Judie Messier and presented by Paul Beck, are priceless gems of information and wisdom related specifically to aging/seniors. Because of Paul’s deep and extensive medical knowledge, developed over decades of experience, combined with his reassuring, humorous, and gentle manner, I always come away feeling better and with at least one new helpful insight. I also learn from others’ comments. WH is so fortunate to have access to this rich resource.”