

Monday Morning Memo – 03.14.2022

Dear *Wider Horizons* Members and Friends,

Wider Horizons Events and Information

1. From **Liz Ohlson**: “You are all invited to the Pod 6 meeting on Zoom, **Tuesday, March 15 at 1 pm**. See the attached Zoom invitation.” And consider reading one of the articles on Ukraine that are attached (shared by **Barb Klube**).
2. This Thursday’s **All-Member Zoom** will go on as always at **9:30 am**. Questions and a Zoom link will be sent out to you on Wednesday by **Sue Lerner**.
3. Storytelling, moderated by **Debbie Ward**, is at **4 pm this Thursday, March 17**. It will feature stories by Dick Zerbe, Victoria Bestock, Aza Hadas, and Bill Lippe. Here is the Zoom link:

<https://us02web.zoom.us/j/87210311053?pwd=QjBCSUtuYzFhR3ZjTVpQV3NQT3I3QT09>

4. **Fiber Arts Enthusiasts - Friday, March 18, 10:30-12:30** on zoom. Grab your yarn/fibers, patterns, tools, a beverage and your funniest stories/greatest ideas and please join us. **All levels welcome/help offered**. Keep insecurely housed youth "Warm For Winter" with handmade hats, scarves and blankets - or work on personal projects. Warm companionship guaranteed. **Drop in visitors encouraged. Call Joan Bergman at 360-204-6780 to request the Zoom link or for more information.** WE WELCOME ALL YARN SEARCHING FOR A NEW HOME 🐰.
5. From **Bill Lippe**: *I’ll be hosting a house concert with Larry Murante on Sunday afternoon, March 27th. If you’re interested in attending (maybe you saw Larry at Ann Lawrence’s last summer) email me at house.concerts@comcast.net and I will forward you the invite with all the info.*
6. We have an exciting Forum coming up on **Sunday, April 3 at 3 pm**, so put it on your calendar: **Morton Kondracke**, well-know journalist, will be joined by a panel of *Wider Horizons* members (**Bob Anderson**, moderator) and David Brewster to discuss the threats to democracy and what we can do. See the attached flyer.

Members and Friends Share Recommendations

1. From **Ann Lawrence**: “This is a fine article on dying from *The New Yorker* and fits one of the themes we are working on in WH these days”:
<https://tinyurl.com/2p82puc5>

2. This article from yesterday's *New York Times* was shared by five of our members! It's about villages and how they can appeal to middle-aged folks:
<https://tinyurl.com/2p8bbcrv>
3. **Scott Dills** shared an article about the power of storytelling from the perspective of physicians. It is attached and here is the link:
<https://news.harvard.edu/gazette/story/2022/03/physician-writers-point-to-power-of-storytelling/>
4. For all you potential tai chi and qi gong folks out there, **Rick Grossman** shared this information: <https://breakthroughhealing.org/qi-gong-vs-tai-chi-whats-the-difference/> GenPride has been offering free Tai Chi and Qi Gong virtual classes that you can start at any time. The current cycle is about to end with one more QG and two more TC classes, but a new cycle will probably begin again shortly. Their Yoga/Stretching and Strength/Balance classes continue. One can drop into any class or start at any time, but they do register in order to get the zoom link. <https://genprideseattle.org/online/>
5. And from **Wolfgang Kluge**: *Denise, I believe many WH members would be interested in this article from the WSJ 3/4/22.*
<https://www.wsj.com/articles/cause-ukraine-war-robert-service-moscow-putin-lenin-stalin-history-communism-invasion-kgb-fsb-11646413200>
6. Last but not least, **Sharon Sobers-Outlaw** stars in this compelling youtube video: <https://www.youtube.com/watch?v=8EcNN32qcWk>

Yours,

Denise

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www.widerhorizonsvillage.org