

Monday Morning Memo – 02.14.2022

Dear *Wider Horizons* Members and Friends,

Wider Horizons Events and Information

1. This Thursday's **All-Member Zoom** will go on as always at **9:30 am**. Questions and a Zoom link will be sent out to you on Wednesday by **Sue Lerner**.
2. **Fiber Arts Enthusiasts - Friday, February 18, 10:30-12:30** on zoom. Grab your yarn/fibers, patterns, tools, a beverage and your funniest stories/greatest ideas and please join us. **All levels welcome/help offered**. Keep insecurely housed youth "Warm For Winter" with handmade hats, scarves and blankets - or work on personal projects. Warm companionship guaranteed. **Drop in visitors encouraged. Call Joan Bergman at 360-204-6780 to request the Zoom link.** WE WELCOME ALL YARN SEARCHING FOR A NEW HOME 🐾.
3. Our newly-formed *Democracy Action Group* had a rousing first meeting on Zoom yesterday. If anyone who was not at the meeting wishes to be added to our list, send Sue Lerner slearner_1@msn.com an email so she can add your name to our listserv. The group is open to interested non-members as well. Attached is an updated list of organizations doing good work that need participants/support.
4. Upcoming Spring Forums (see attachment): We've got two scheduled—One on denial of death on **Sunday, March 6** and one on saving democracy on **Sunday, April 3**. David Domke also just agreed to do a Forum, but we don't yet have the date.
5. **Free** to anyone in *Wider Horizons*...from **Nora Langan**: *Unique art deco armoire/wardrobe (1920s) French antique, beautiful hardwood (mahogany). Attractive piece and extremely useful. The depth and height allow for many functions. Great as a wardrobe, free standing closet, art supply closet....Have used for 30 years and moved with me 4 times because it is such a great piece. Mirror inside right door is blurry. All else is in excellent condition. 75" H x 46.75" W x 19.5" D. The removable crown and footed elements make the height 68/69" approx. for moving. The wood sheen and tone are hard to capture in the attached photo images. I am fully vaccinated, and you are welcome to view the armoire at my condo (masked). Nora's address: 233 14th Ave East, #204, 206 852 4163*

Members and Friends Share Recommendations

1. From **Zach Glass**: *I just wanted to pass this along. Anyone who used Zoom between March 30th, 2016 & July 30, 2021, can receive \$15 or \$25 depending on the account type used. Claims must be filed by March 5th, 2022, via this website: <https://www.zoommeetingsclassaction.com/Home/SubmitClaim>*

2. **Susan Adler** shared this poignant meditation on grief (attached).
3. Courtesy of **Barb Klube**: *This Osher Lifetime Learning Institute (OLLI) event was recorded and is available to all.* James Brooks' intro is attached as well.
4. From **Rick Grossman**: *Join the University of Washington's PACIFIC Study! If you are 65 or older, live in King County, have knee arthritis, and are looking to establish an exercise routine this is for you! All participants will receive a Fitbit Inspire, \$300, and all of the equipment and technical assistance you need to participate. For more information, contact (206) 685-2082 or email pacificstudy@uw.edu*
5. Shared by **Ellen Taussig**: *Feel Good Voting (FGV) played a significant role in the last election, recruiting young voters. It is a wonderful org. I would love WH members to know about it, if they don't already, and consider a modest donation. I can vouch for them as the founder, Andy Forest, is a Northwest School alum parent. FGV has researched the role and power of social media "influencers" and nailed it. They reach all parts of the country and target purple states.*
<http://www.feelgoodaction.org/thisisfga>
6. Courtesy of **Nancy Hooyman**, a good article on the political power of seniors:
<https://tinyurl.com/259scr67>
7. If you know an attorney skilled at helping organizations achieve their 501C3 status, let **Nora Langan** know noralangan@msn.com

Yours,

Denise

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Executive Director

Wider Horizons: Central Seattle's Village for Life!

www.widerhorizonsvillage.org