

## Monday Morning Memo – 01.31.2022

Dear *Wider Horizons* Members and Friends,

### **Wider Horizons Events and Information**

1. This Thursday's **All-Member Zoom** will go on as always at **9:30 am**. Questions and a Zoom link will be sent out to you on Wednesday by **Sue Lerner**.
2. When our Phone Tree is initiated tomorrow, you'll be asked by your caller to tell them what activities, new or old, you are looking forward to doing face-to-face. That's to help us with our activity planning (which will also include a detailed questionnaire sent out separately in a week or so).
3. An update on Photography Groups: **Wolfgang Kluge**, [wfluge@comcast.net](mailto:wfluge@comcast.net) is interested in a group that would **share photographs** with each other.
4. On the other hand, Paul Bestock has volunteered to lead a photography workshop (see attached description). Let me know if photography opportunity interests you.
5. Below is one of many photos taken by **Barbara Oswald** on the Arboretum field trip **Eleanor Dills** and **Ann Lawrence** organized last Friday. At least 10 WH members enjoyed getting together outdoors on a rare sunny day in a beautiful setting (The Winter Garden). Some of them met face-to-face for the very first time—that was exciting!
6. A *NY Times* article discusses the benefits of the Covid booster shot and other issues <https://tinyurl.com/y3dn457m> -- Many of you have not contacted me to offer information about your vaccination status. I know you are vaccinated and, likely, boosted, but the Board policy (attached) requires that you show me proof.
7. From **Janet Tufts**: *A friend of ours has 2 stair climbers (lifts) that he will happily donate to someone, or ones, who needs them.* Contact Janet directly at [janettufts@gmail.com](mailto:janettufts@gmail.com) if you're interested.

### **Members and Friends Share Recommendations**

1. From **Scott Dills**, *here's a link for an article from "Post Alley" by David Brewster about a rebirth of the Seattle Magazine. Maybe a hopeful sign for involved local ownership of Seattle focused media.* <https://www.postalley.org/2022/01/21/local-tech-visionary-buys-seattle-media/>

2. While we await the results of an upcoming survey of member interest in specific classes, events, and activities, **Janet Tufts** wants you to know that she is taking a beginning Tai Chi class at Garfield Community Center and enjoying it.

3. And **Janet** and **Dave Darragh** recommend "Galavant" on HULU, which is about a medieval knight and his adventures. It is a Monte-Pythesque comedy, with the added fun of also being a musical. It is hilarious fun. Picture 6 monks singing and doing a soft-shoe dance. A happy escape from the news!

4. **Audrey Hansen** shared this interesting piece drawn from *The New England Journal of Medicine's* 2018 study reporting that the most productive age in human life is a lot older than you might think:

<http://digital.olivesoftware.com/olive/odn/topekacapitaljournal/shared/showarticle.aspx?doc=TCJ%2F2020%2F11%2F30&entity=Ar00501&sk=E752CF74&mode=text>

Yours,

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[www.widerhorizonsvillage.org](http://www.widerhorizonsvillage.org)