

Upcoming public event October 31 at 3:30: Welcome to our Uhlman, Charley Royer, and Greg Nickels discuss Seattle then and now and reflect on how we got to our present challenges as the formerly "most livable city" in the U.S.

Please RSVP to denise@widerhorizonsvillage.org to receive the Zoom link.

You may enjoy this interview with Wes Uhlman about the challenges he faced during his 1969-1977 tenure: [Wes Uhlman: Mayor, City of Seattle, 1969-1977 - Seattle Civil Rights and Labor History Project \(washington.edu\)](#)

Wider Horizons Village recently Andrea Cohen who taught us to reach deep into the heart of discord and listen with a different “ear” to those around us.



Andrea Cohen, M.A., M.S.W. is a Senior Compassionate Listening Facilitator who has written a seminal work on the topic of Compassionate Listening. In *Practicing the Art of Compassionate Listening*, Andrea provides theory, context, and specific tools that can help transform conflict and polarity into an opportunity to deepen understanding and build or re-build trust within families, workplaces, and communities.

Compassionate Listening practices provide a roadmap for what sages from all ages and cultures have taught: that cultivating the wisdom of the heart is the key to real peace "from the inside out."

Denise Klein has been a friend and colleague of Andrea's for the past 40 years and has taken one of her excellent workshops. She says: *In these incredibly difficult times, I find Compassionate Listening practices to be critical in increasing my understanding and resilience in challenging situations.*