

Monday Morning Memo – 06.14.2021

Dear *Wider Horizons* Members and Friends,

Wider Horizons Events and Information

1. **Thursday Morning's All-Member Zoom** with **Sue Lerner** and **Debbie Ward** will happen, as always, at **9:30 am**. **But this time we will open with a tribute to Founding Member Kate Barber that involves showing a little of her art and sharing our memories of her beautiful life**, along with her husband **John Barber**. Look for the link and the small group questions later this week.
2. **KNIT/CROCHET INTEREST GROUP...Friday, June 18 from 10:30-12:30**. Help keep insecurely housed youth "Warm For Winter" with handmade hats and scarves or work on personal projects around the amiable table at **Donna Sunkel's** Montlake home. All levels welcome. Yarn available. Call **Joan Bergman** at 360-204-6780
3. The packet for today's meeting of our Board of Directors is attached. There's important and interesting content, so enjoy!
4. **SAVE THIS DATE** to meet our newest members: **Friday, July 2, at 4 pm**. In the past year, 18 new members have joined *Wider Horizons*! Previously we've welcomed them at in-person gatherings. In this case, we are hosting a special Zoom meeting so we can see and hear a bit from each new member. Please come: **<https://us02web.zoom.us/j/81315732636?pwd=QjFCcGpHaDIWcWNYT1V2Y2RDtTMxQT09>**
5. The Pod 7 gathering that grew and grew is a celebration of many things. It will be held on **Monday, July 19** at **Ann Lawrence's** home in Mt. Baker beginning at **4 pm**. The event marks a revival of the famous **Bill Lippe** House Concerts in a new form as well. See the attached flyer and put it on your calendar!

Members and Friends Share Recommendations

1. An important article shared by **Wendy Carlton**: *Looking to Tackle Prescription Overload*, **<https://nyti.ms/3voRwLF>** -- *One of the geriatricians mentioned in the article, Dr. Sabine von Preyss-Friedman, co-chair of the Drive to Deprescribe, practices in Seattle.*
2. From **Kathleen O'Connor**: *I found this article about the future of our democracy both interesting and chilling: **<https://tinyurl.com/pkzhrmk6>**, and an 800 number that has all your data in it for a prompt response!"*
3. From **Rick Grossman** comes the attached flyer publicizing the dedication of the AIDS Memorial Pathway on Capitol Hill on **Saturday, June 26**. Let's

remember together with others. We should not forget the astonishing history of the AIDS epidemic that hit Seattle hard but resulted in some wonderful things like Bailey-Boushay House.

4. Another from **Kathleen**: “Here are some local Juneteenth events”:
<https://www.naamnw.org/events> How much do you know about Juneteenth? This is your chance to learn more.
5. From **Ellen Taussig**: *A great app for finding good places to walk in Seattle. I thought I knew them all, but this really helps: alltrails.com*

I have more that people sent but this is a particularly packed issue, so I will save them for later. Have a great week!

Yours,

Denise

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Executive Director

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www.widerhorizonsvillage.org