

Monday Morning Memo – 06.07.2021

Dear *Wider Horizons* Members and Friends,

Wider Horizons Events and Information

1. **Thursday Morning's All-Member Zoom** with **Sue Lerner** and **Debbie Ward** will happen, as always, at **9:30 am**. Sue sends the questions and the link out later in the week!
2. **Book Group** meets tomorrow morning (**Tuesday**) at **10:30** to discuss *Caste* by Isabel Wilkerson. Join us if you want to see a robust discussion and contribute to it if you have read the book:
<https://us02web.zoom.us/j/83509459945?pwd=RFVnSXN1Wm5mSjMwZ2RUdlMwSkNmQT09>
3. **Ann Lawrence's** garden is featured on the Mt. Baker Garden Tour Saturday, June 26th, 9 am to 4 pm. You can start at Ann's, 3138 34th Ave S, then wander around the neighborhood, or simply linger at Ann's. Her garden is featured because of its ease of maintenance, its fruitfulness, and its fragrance. Come and enjoy. Please no doggies. Buy tickets and learn about the associated art sale at [Mt. Baker Garden Tour \(mountbakergardentour.com\)](http://mountbakergardentour.com)
4. **Sandra Wheeler** heard a loud noise this weekend. A small cruise ship on Lake Union hit one of the houseboat docks just a dock south of **Deirdre Cochran's**. Photo attached. Sandra made sure it wasn't Deirdre's dock and then relaxed a bit. We are so glad to have Sandra watching out for the Eastlake members!

Members and Friends Share Recommendations

1. We have several David Brooks aficionados who sent me this link to an article by him about the extension of life:
<https://www.nytimes.com/2021/06/03/opinion/age-life-expectancy.html?smid=em-share>
2. <https://compassionseattle.org/> is the site that describes a proposed amendment to the City Charter in which a number of our members are interested. Check it out!
3. Seattle Central College Senior Series Summer Classes: <https://stg-conted.seattlecentral.edu/category/senior-series> begin on June 26th. There are some great offerings!
4. **Bill Lippe** notes that "*Lean on Me* is a great song that has been covered many times by many artists. This is my favorite—it includes the lyrics and it could be *Wider Horizons'* theme song": <https://www.youtube.com/watch?v=Jrlhn1H1EWw> – Two other

versions Bill likes: https://www.youtube.com/watch?v=athd5_CW_zo
and <https://www.youtube.com/watch?v=Hmlm53wD5PM>

5. From **Kathleen O'Connor**: “**Wendy Carlton** told me about RoadId’s safety bracelet. It is great for anyone who walks by themselves. It has your name, location, names of emergency contacts, and an 800 number that has all your data in it for a prompt response!” Here's the link: <https://www.roadid.com/>

Yours,

Denise

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Executive Director

Wider Horizons: Central Seattle's Village for Life!

www.widerhorizonsvillage.org