

Monday Morning Memo – 03.15.2021

Dear *Wider Horizons* Members and Friends,

Wider Horizons Events and Information this Week

1. **Thursday Morning's Zoom** with **Sue Lerner** will happen, as always, at **9:30 am**. Sue will send out the questions and the link on Wednesday. Please join us! I hear we may have a guest facilitator since Debbie is out of town!
2. Join us for another rousing session of **Storytelling** this Friday. **Victoria Bestock, Ann Lawrence, Emily Martinez, and Bill Lippe are up**. Join us at 4 pm at this link: <https://us02web.zoom.us/j/81108980097?pwd=YkJZVldTZFhiTEFLTINGbjNXbXdUQT09>
3. Mark your calendars for Sunday, April 18 at 3 pm to hear our esteemed (and by some of us, beloved) Brian Wong—back for another deep and hopeful conversation. His topic? The **Five Stages of...COVID-19**. Please invite your friends—especially those who may be interested in joining *Wider Horizons*!

Members and Friends Share Recommendations

1. From **Donna Sunkel**: Enjoy the UW Campus Cherry Blossoms, virtually: <https://www.washington.edu/news/2021/03/08/watch-the-uw-cherry-blossoms-virtually-this-year-and-avoid-coming-to-campus-due-to-covid-19/>
2. **Liz Ohlson** invites us to attend a series at the Frye—three authors speaking about their books on dementia: <https://mailchi.mp/fryemuseum.org/on-dementia-reminder-mar2021?e=d39cc48e63> Note that advance registration is required. **Maggie Pheasant** sent me the information as well, so it must be good!
3. **Ann Lawrence** told me about this interesting article from the **New York Times**. It's message is about the importance of having plans and a purpose: **If You Live to 100, You'll Need More Than Money - The New York Times (nytimes.com)**
4. In the “anything is possible” category, **Carol Mirman** shared an interesting article (attached) about a man who built an off-road wheelchair for his wife.
5. Vashon Island now has a “village,” and **Jeanne Marie Thomas** sent us this article from the *Beachcomber*. She thought it remarkable insightful since the reporter was in his early

20's! <https://www.vashonbeachcomber.com/life/kept-apart-by-virus-seniors-find-support-in-virtual-villages/>

6. **Bob and Julie Anderson** said to check out the movie *Mango* on Netflix. *It's a heartwarming story about going home, making peace with your past, and finding hope in the future. The journey is sometimes serious, sometimes humorous, but always at its heart is a message of hope and tolerance. This beautiful story is set in India where a doctor who has early dementia seeks to return to his original home which is now in Pakistan.*

Yours,

Denise

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www.widerhorizonsvillage.org